



SPRING 2024 - 11 weeks

RECREATIONAL SCHEDULE
GYMTASTIKS OF MOOSE JAW
 Unit 2 - 24 Chester Road, Moose Jaw Sk
 (306) 692-2303

Monday Apr 8-June 24 **NO CLASS MAY 20**
 Tuesday Apr 9-Jun 18
 Wednesday Apr 10-June 19
 Thursday Apr 11-June 20
 Friday Apr 5-June 21 **NO CLASS APRIL 26**
 Saturday Apr 6-June 22 **NO CLASS APRIL 27**

www.gymtastiks.com office@gymtastiks.com

**REGISTRATION OPENS ON LINE:
 MARCH 4TH, 2024**

If you are utilizing Kidsport or Jumpstart - you must call the office to register.

Mandatory \$48.00 Annual (September 1, 2023 to August 31, 2024) Gym Sask/Gym Canada Fee Applies to all new registrants (NON REFUNDABLE)

Mandatory \$35.00 Fund Raising Commitment with Fellers Meats required per child.

NO REFUNDS AFTER 2ND WEEK OF CLASSES

PARENT & TOT	Age/Cost	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
BUTTERFLIES Exploring sights, sounds and colors Parent Assisted	\$125.00 2 years 30 minutes			5:00-5:30		9:30-10:00		9:10-9:40
PRE-SCHOOL	Age/Cost	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
FIREFLIES Skill building and preparation for independent learning.	\$145.00 3 years 30 minutes			5:35-6:05		10:05-10:35 5:00-5:30		9:50-10:20
FRUITFLIES Introduction to independence. Parents watch from the viewing area	\$175.00 4 years 45 minutes			5:10-5:55		10:40-11:25 5:35-6:20		9:00-9:45
DRAGONFLIES Preparation for Can-Gym Program	\$205.00 5 years 1 hour				5:00-6:00			11:00-12:00
RECREATIONAL	Age/Cost	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
INTRO (LEVEL 1 & 2 ONLY) Introduction to fundamentals, positions and safety	\$215.00 6+ yrs 1 hour			6:10-7:10 7:15-8:15 8+ years old		5:00-6:00		9:55-10:55
BEGINNER (LEVEL 3 & 4) Must have completed Level 2	\$230.00 6+ yrs 1 1/4 hour			6:00-7:15		6:15-7:30		
INTERMEDIATE (LEVEL 5 & 6) Must have completed Level 4	\$250.00 6+ years 1 1/2 hour				6:10-7:40			
ADVANCED (Level 7+) Must have completed Level 6	\$275.00 8+ years 1 3/4 hours		6:05-7:50					
SPECIALTY	Age/Cost	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
Indoor Track Learning proper running technique, learn proper jumping technique, ball throw, and relay races	\$200.00 7+ years old 1 hour						2:00-3:00	
Intermediate Tumbling Prerequisite skills: cartwheel, round-off, bridge <i>Work on your Cheer & Acro or Advance your gymnastics</i>	\$200.00 6+ years 1 hour					6:30-7:30		
Advanced Tumbling Prerequisite skills: round off, back handspring, back tuck, aerial <i>Work on your Cheer & Acro or Advance your gymnastics</i>	\$250.00 8+ years 1 hour						12:30-1:30	
Trampoline Learn basic Tumbling skills, Double Mini Trampoline skills & Trampoline skills (on a white competitive tramp bed) in a recreational environment	\$215.00 7+ years old 1 hour	5:00-6:00						
Teen & Tween Gymnastics This teen gymnastics class is specifically designed with teens and tweens in mind. This class is a great way to find out what gymnastics is all about while having fun with friends! It is an energetic and interactive workout with a little bit of adventure. No experience necessary.	\$235.00 11+ years old 1 1/2 hour			7:15-8:45				