



**Registration opens online:
December 9TH, 2024**

Winter 2025 - 12 weeks

TENTATIVE

RECREATIONAL SCHEDULE

GYMTASTIKS OF MOOSE JAW

Unit 2 - 24 Chester Road, Moose Jaw, Sk

(306) 692-2303

www.gymtastiks.com office@gymtastiks.com

Sunday	
Monday	Jan 6-Mar 31
Tuesday	Jan 7-Mar 25
Wednesday	Jan 8-Mar 26
Thursday	Jan 9-Mar 27
Friday	Jan 10-Mar 28
Saturday	Jan 11-Mar 29

NO CLASS FEB 17

If you are utilizing Kidsport or Jumpstart - you must call or come to the office to register.

NO REFUNDS AFTER 2ND WEEK OF CLASSES

Mandatory \$48.00 Annual (Sept 1, 2024 to Aug 31, 2025) Gym Sask/Gym Canada Fee Applies to all new registrants Non-refundable								
Mandatory \$35.00 Fund Raising Commitment with Mom's Pantry required per child per session.								
Cdn Tire Jump Start Applications	https://jumpstart.canadiantire.ca	(4-18 years)	We offer Birthday Parties and the price is \$150					
Kidsport Applications	http://www.kidsportcanada.ca/saskatchewan/moose-jaw	(5-18 Years)						
PARENT & TOT	Age/Cost	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Butterflies	\$140.00			5:00-5:30		9:30-10:00		9:10-9:40
Exploring sights, Sounds and colours Class is Adult assisted	2 years 30 minutes					5:20 - 5:50		Full
PRE-SCHOOL	Age/Cost	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Fireflies	\$160.00			5:35-6:05	5:10-5:40	10:05-10:35		9:20-9:50
Introduction to independence. Parents watch from the viewing area	3 years 30 minutes							New Full
Fruitflies	\$190.00			5:10-5:55		10:40-11:25		9:50-10:20
Independent learning. Parents watch from the viewing area	4 years 45 minutes					5:10-5:55		
Dragonflies	\$220.00				5:00-6:00		5:00-6:00	11:00-12:00
Preparation for Level Program Age appropriate stations & Circuits	5 years 1 hour							
Age appropriate circuits & stations	Age/Cost	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Intro (Level 1 & 2)	\$235.00			5:15-6:15				
Introduction to fundamentals, positions and safety. Will receive a report card with all skills tested throughout the session.	6+ years 1 hour			6 year old + 6:30-7:30 8 Years + only		5:00 - 6:00	6:10-7:10	9:55-10:55
Beginner (Level 3 & 4)	\$255.00			6:05-7:20		6:10-7:25		
Must have completed Level 2 Will receive a report card with all skills tested throughout the session.	6+ years 1 1/4 hour							
Intermediate (Level 5 & 6)	\$275.00				5:50-7:20			
Must have completed Level 4 Will receive a report card with all skills tested throughout the session.	6+ years 1 1/2 hour							
Advanced (Levels 7+)	\$300.00		6:05-7:50					
Must have completed Level 6	8 + years 1 3/4 hours							
SPECIALITY	Age/Cost	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Intermediate Tumbling	\$220.00					6:50-7:50		
Prerequisite skills: cartwheel, round-off, bridge Work on your Cheer & Acro or Advance your gymnastics	6+ years 1 hour							
Advanced Tumbling	\$280.00							12:30-1:30
Prerequisite skills: round off, back handspring, back tuck, aerial Work on your Cheer & Acro or Advance your gymnastics	8+ years 1 hour							
Teen & Tween Gymnastics	\$240.00			7:30-9:00				
This teen gymnastics class is specifically designed with teens and tweens in mind. This class is a great way to find out what gymnastics is all about while having fun with friends! It is an energetic and interactive workout with a little bit of adventure. No experience necessary.	11+ years old 1 1/2 hour							
Trampoline	\$215.00		5:00-6:00					
Learn basic Tumbling skills, Double Mini Trampoline skills & Trampoline skills (on a white competitive tramp bed) in a recreational environment	7+ years old 1 hour							

